

Lyerly Yearly Health/Physical Education Plan

<p>August</p>	<ul style="list-style-type: none"> • Introduction to rituals and routines • School Bus Safety Slideshow • Cyber Bullying Awareness • Locomotor/Non-locomotor skills developed through physical activity • HPE K.1, HPE K.2, HPE K.3, HPE K.4, HPE K.5 • HPE 1.1, HPE 1.2, HPE 1.3, HPE 1.4, HPE 1.5 • HPE 2.1, HPE 2.2, HPE 2.3, HPE 2.4, HPE 2.5 • HPE 3.1, HPE 3.2, HPE 3.3, HPE 3.4, HPE 3.5 • HPE 4.1, PE 4.2, HPE 4.3, HPE 4.4, HPE 4.5 • HPE 5.1, PE 5.2, HPE 5.3, HPE 5.4, HPE 5.5 • HPE 6-8.1, PE 6-8.2, HPE 6-8.3, HPE 6-8.4, HPE 6-8 .5
<p>September</p>	<ul style="list-style-type: none"> • 4-H Drugs and Alcohol Lesson • 5-8 Vape Lesson • Locomotor/Non-locomotor skills developed through physical activity • HPE K.1, HPE K.2, HPE K.3, HPE K.4, HPE K.5 • HPE 1.1, HPE 1.2, HPE 1.3, HPE 1.4, HPE 1.5 • HPE 2.1, HPE 2.2, HPE 2.3, HPE 2.4, HPE 2.5 • HPE 3.1, HPE 3.2, HPE 3.3, HPE 3.4, HPE 3.5 • HPE 4.1, PE 4.2, HPE 4.3, HPE 4.4, HPE 4.5 • HPE 5.1, PE 5.2, HPE 5.3, HPE 5.4, HPE 5.5 • HPE 6-8.1, PE 6-8.2, HPE 6-8.3, HPE 6-8.4, HPE 6-8 .5
<p>October</p>	<ul style="list-style-type: none"> • K-1 Shannon Bond: Good touch, Bad Touch • Red Ribbon Week • Cross Country • HPE K.1, HPE K.2, HPE K.3, HPE K.4, HPE K.5 • HPE 1.1, HPE 1.2, HPE 1.3, HPE 1.4, HPE 1.5 • HPE 2.1, HPE 2.2, HPE 2.3, HPE 2.4, HPE 2.5 • HPE 3.1, HPE 3.2, HPE 3.3, HPE 3.4, HPE 3.5 • HPE 4.1, PE 4.2, HPE 4.3, HPE 4.4, HPE 4.5 • HPE 5.1, PE 5.2, HPE 5.3, HPE 5.4, HPE 5.5 • HPE 6-8.1, PE 6-8.2, HPE 6-8.3, HPE 6-8.4, HPE 6-8 .5

<p>November</p>	<ul style="list-style-type: none"> ● Importance of Physical and Mental Health Lesson ● HPE K.1, HPE K.2, HPE K.3, HPE K.4, HPE K.5 ● HPE 1.1, HPE 1.2, HPE 1.3, HPE 1.4, HPE 1.5 ● HPE 2.1, HPE 2.2, HPE 2.3, HPE 2.4, HPE 2.5 ● HPE 3.1, HPE 3.2, HPE 3.3, HPE 3.4, HPE 3.5 ● HPE 4.1, PE 4.2, HPE 4.3, HPE 4.4, HPE 4.5 ● HPE 5.1, PE 5.2, HPE 5.3, HPE 5.4, HPE 5.5 ● HPE 6-8.1, PE 6-8.2, HPE 6-8.3, HPE 6-8.4, HPE 6-8 .5
<p>December</p>	<ul style="list-style-type: none"> ● Locomotor/Non-locomotor skills developed through physical activity ● Pre Fitness-gram workouts ● HPE K.1, HPE K.2, HPE K.3, HPE K.4, HPE K.5 ● HPE 1.1, HPE 1.2, HPE 1.3, HPE 1.4, HPE 1.5 ● HPE 2.1, HPE 2.2, HPE 2.3, HPE 2.4, HPE 2.5 ● HPE 3.1, HPE 3.2, HPE 3.3, HPE 3.4, HPE 3.5 ● HPE 4.1, PE 4.2, HPE 4.3, HPE 4.4, HPE 4.5 ● HPE 5.1, PE 5.2, HPE 5.3, HPE 5.4, HPE 5.5 ● HPE 6-8.1, PE 6-8.2, HPE 6-8.3, HPE 6-8.4, HPE 6-8 .5
<p>January</p>	<ul style="list-style-type: none"> ● Choosing The Best Curriculum 6-8 ● Locomotor/Non-locomotor skills developed through physical activity ● HPE K.1, HPE K.2, HPE K.3, HPE K.4, HPE K.5 ● HPE 1.1, HPE 1.2, HPE 1.3, HPE 1.4, HPE 1.5 ● HPE 2.1, HPE 2.2, HPE 2.3, HPE 2.4, HPE 2.5 ● HPE 3.1, HPE 3.2, HPE 3.3, HPE 3.4, HPE 3.5 ● HPE 4.1, PE 4.2, HPE 4.3, HPE 4.4, HPE 4.5 ● HPE 5.1, PE 5.2, HPE 5.3, HPE 5.4, HPE 5.5 ● HPE 6-8.1, PE 6-8.2, HPE 6-8.3, HPE 6-8.4, HPE 6-8 .5
<p>February</p>	<ul style="list-style-type: none"> ● Fitness-gram ● Locomotor/Non-locomotor skills developed through physical activity ● HPE K.1, HPE K.2, HPE K.3, HPE K.4, HPE K.5 ● HPE 1.1, HPE 1.2, HPE 1.3, HPE 1.4, HPE 1.5 ● HPE 2.1, HPE 2.2, HPE 2.3, HPE 2.4, HPE 2.5 ● HPE 3.1, HPE 3.2, HPE 3.3, HPE 3.4, HPE 3.5 ● HPE 4.1, PE 4.2, HPE 4.3, HPE 4.4, HPE 4.5 ● HPE 5.1, PE 5.2, HPE 5.3, HPE 5.4, HPE 5.5 ● HPE 6-8.1, PE 6-8.2, HPE 6-8.3, HPE 6-8.4, HPE 6-8 .5

<p>March</p>	<ul style="list-style-type: none"> • Locomotor/Non-locomotor skills developed through physical activity • HPE K.1, HPE K.2, HPE K.3, HPE K.4, HPE K.5 • HPE 1.1, HPE 1.2, HPE 1.3, HPE 1.4, HPE 1.5 • HPE 2.1, HPE 2.2, HPE 2.3, HPE 2.4, HPE 2.5 • HPE 3.1, HPE 3.2, HPE 3.3, HPE 3.4, HPE 3.5 • HPE 4.1, PE 4.2, HPE 4.3, HPE 4.4, HPE 4.5 • HPE 5.1, PE 5.2, HPE 5.3, HPE 5.4, HPE 5.5 • HPE 6-8.1, PE 6-8.2, HPE 6-8.3, HPE 6-8.4, HPE 6-8 .5
<p>April</p>	<ul style="list-style-type: none"> • American Heart Association Program • Locomotor/Non-locomotor skills developed through physical activity • HPE K.1, HPE K.2, HPE K.3, HPE K.4, HPE K.5 • HPE 1.1, HPE 1.2, HPE 1.3, HPE 1.4, HPE 1.5 • HPE 2.1, HPE 2.2, HPE 2.3, HPE 2.4, HPE 2.5 • HPE 3.1, HPE 3.2, HPE 3.3, HPE 3.4, HPE 3.5 • HPE 4.1, PE 4.2, HPE 4.3, HPE 4.4, HPE 4.5 • HPE 5.1, PE 5.2, HPE 5.3, HPE 5.4, HPE 5.5 • HPE 6-8.1, PE 6-8.2, HPE 6-8.3, HPE 6-8.4, HPE 6-8 .5
<p>May</p>	<ul style="list-style-type: none"> • Locomotor/Non-locomotor skills developed through physical activity • Field day • HPE K.1, HPE K.2, HPE K.3, HPE K.4, HPE K.5 • HPE 1.1, HPE 1.2, HPE 1.3, HPE 1.4, HPE 1.5 • HPE 2.1, HPE 2.2, HPE 2.3, HPE 2.4, HPE 2.5 • HPE 3.1, HPE 3.2, HPE 3.3, HPE 3.4, HPE 3.5 • HPE 4.1, PE 4.2, HPE 4.3, HPE 4.4, HPE 4.5 • HPE 5.1, PE 5.2, HPE 5.3, HPE 5.4, HPE 5.5 • HPE 6-8.1, PE 6-8.2, HPE 6-8.3, HPE 6-8.4, HPE 6-8 .5