## Food Allergy Awareness

## Eight foods account for $90 \%$ of all allergic reactions:



Tree Nuts


Eggs


Wheat


Fish



However, any food can cause a reaction.

Did You Know?

- One out of every 25 Americans has a food allergy
- It is estimated that between 150 and 200 people die annually from food allergy reactions or anaphylaxis; including children and young adults
- You should take all food allergy reactions seriously

