

LMES

Cafeteria Manager: **Keysa Bice**
706-857-6130

January

School Nutrition Director: **Brandie Wooten**
706-859-3054
bwooten@chattooga.k12.ga.us

TUE

WED

THU

FRI

Student Meal Prices:
Elementary Students: Full-Price Lunch: \$2.25
Middle/High Students: Full-Price Lunch: \$2.75
Reduced Price Lunch: \$0.40

Payments can be made in cash, check, or online at:

www.linqconnect.com

Menu is subject to change without notice.
This is an equal opportunity provider.

	8	9	10
	Chicken Tenders OR Spicy Chicken Tenders Pinto Beans & Cornbread Macaroni & Cheese Assorted Fruit & Choice of Milk	Chili w/ Crackers Tater Tots Carrots Assorted Fruit & Choice of Milk	Manager's Choice Corn Green Beans Assorted Fruit & Choice of Milk
14	15	16	17
Sweet Thai Chili Chicken OR General Tso Chicken Fried Rice Vegetable Blend Assorted Fruit & Choice of Milk	Spaghetti Garlic Bread Salad w/ Dressing Corn Assorted Fruit & Choice of Milk	Chicken Tenders Biscuit Roasted Potatoes Cooked Carrots Assorted Fruit & Choice of Milk	Homestyle Taco Shredded Cheese Cup Lettuce/Tomato Refried Beans Assorted Fruit & Choice of Milk
21	22	23	24
Spaghetti Garlic Bread Salad w/ Dressing Corn Assorted Fruit & Choice of Milk	Chicken Sandwich OR Spicy Chicken Sandwich Lettuce/Tomato/Pickles Potato Smiles Baked Beans Assorted Fruit & Choice of Milk	Corndog OR Hotdog Tater Tots Slaw Assorted Fruit & Choice of Milk	Chicken Fajita Quesadilla Queso/Salsa Black Beans & Corn Veggie Cup Assorted Fruit & Choice of Milk
28	29	30	31
BBQ Sandwich OR Hamburger Lettuce/Tomato/Pickle Slaw Baked Beans Assorted Fruit & Choice of Milk	Grilled Cheese Sandwich OR PB&J Sandwich w/ String Cheese Carrots w/ Ranch Dip Chips Assorted Fruit & Choice of Milk	Chicken Nuggets Roll Broccoli w/ Cheese Cooked Carrots Assorted Fruit & Choice of Milk	Chicken Sandwich OR Spicy Chicken Sandwich Lettuce/Tomato/Pickle Potato Smiles Green Beans Assorted Fruit & Choice of Milk
			<p>Serving Sizes for Each Menu Item: Vegetables—3/4 cup min Fruit—3/4 cup min Milk—1 cup Meat/Meat Alt.—1 oz min Grain—1 oz min.</p>