

TUE	WED	THU	FRI
-----	-----	-----	-----

Student Meal Prices:

Elementary Students: Full-Price Lunch: \$2.00

Middle/High Students: Full-Price Lunch: \$2.15

Reduced-Price Lunch: \$ 0.40

Payments can be made in cash, check, or online at:

www.linqconnect.com

	1	2	3
	Chicken Sandwich OR Spicy Chicken Sandwich Lettuce/Tomato/Pickle Fries Fruit & Choice of Milk	Chili Frito Pie Roasted Corn & Black Beans Carrots w/ Ranch Fruit Choice of Milk	BBQ w/ Roll OR Grilled Hotdog Slaw Baked Beans Fruit & Choice of Milk
7	8	9	10
Taco Salad w/ Tortilla Chips OR Burrito Corn Refried Beans Lettuce/Tomato Queso Fruit & Choice of Milk	Double Cheeseburger Tri Taters Lettuce/Tomato/Pickles Fruit Choice of Milk	Chicken Tenders OR PB&J w/ String Cheese Creamed Potatoes Pintos Cornbread Fruit & Choice of Milk	Spaghetti Garlic Bread Side Salad w/ Dressing Carrots w/ Ranch Fruit & Choice of Milk
14	15	16	17
Pizza OR Cheesy Bites w/ Marinara Veggie Cup w/ Ranch Corn Fruit & Choice of Milk	Corndog OR BBQ Sandwich Slaw & Pickles Fries Fruit & Choice of Milk	Chicken & Cheese Sliders Cheesy Tater Tots Lettuce/Tomato Fruit Choice of Milk	Chicken Nuggets w/ Roll Creamed Potatoes White Navy Beans Fruit Choice of Milk
21	22	23	24
BBQ Baked Potatoes Garlic Toast OR Mexican Baked Potato Mexican Rice Lettuce/Tomato Veggie Cup w/ Ranch Queso Fruit & Choice of Milk	Chicken Tenders w/ Roll Green Beans Mac & Cheese Fruit Choice of Milk	Chili Cheese Dog OR Cheeseburger Tater Tots Lettuce/Tomato/Pickle Slaw Relish/Onions Fruit & Choice of Milk	Spaghetti w/ Meatballs Garlic Toast Corn on the Cob Side Salad w/ Dressing Fruit & Choice of Milk

Menu is subject to change without notice.

This institution is an equal opportunity provider.

Serving Sizes for Each Menu Item:

Vegetables—3/4 cup min

Fruit—3/4 cup min

Milk—1 cup

Meat/Meat Alt.—2 oz min

Grain—2 oz min.